

# Pre-Operative Clearance Form

Dr. Julious (Jody) P. Smith, III

## Instructions to Patient

Please take this form to your Primary Care Physician (PCP) to be completed at the time of your pre-surgery exam.

Schedule your appointment with your PCP at least 2 weeks prior to surgery, but no longer than 30 days before surgery.

Your PCP will fax the completed form back to our office.

## History and Physical/Clearance Exam

Thank you for your referral of patients to our practice. Your patient needs a surgical procedure and it is required for them to have a pre-operative history and physical/clearance exam and diagnostic tests. The following tests are required prior to surgery.

- CBC
- BMP
- PT/INR
- UA with reflux culture
- EKG (if patient < 50 only if cardiac history)
- Hgb A1c

Please fax all test results along with this completed form to our office. If you have an electronic health record, you may use it instead of this form but you must address all areas. If you are unable to complete the above diagnostic testing it will be done at the St. Mary's Hospital Pre-admission Testing appointment. They will also obtain a Type and Screen and MRSA/MISSA nares culture.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Rx: Consult for Medical Clearance

Dx: Surgery \_\_\_\_\_

PAT Date: \_\_\_\_\_

Signature of Provider: \_\_\_\_\_

*Please fax completed form (both pages) and test results to 804-287-2796.*

*If you have any problems or questions,  
please call your doctor's office (8am-5pm).  
Answering service for after hours.*

5899 BREMO ROAD, SUITE 100A  
RICHMOND, VA 23226  
P 804.915.1910 | F 804.287.2976  
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Name: \_\_\_\_\_

Surgical Date: \_\_\_\_\_

Surgical Procedure: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

Past Medical History

Diabetes: \_\_\_\_\_ Lung Disease: \_\_\_\_\_ Heart Disease: \_\_\_\_\_

Seizure: \_\_\_\_\_ Hypertension: \_\_\_\_\_ Cancer: \_\_\_\_\_

Medications:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Past Surgical History: \_\_\_\_\_

Family History: \_\_\_\_\_

Social History: \_\_\_\_\_

Review of systems/Examination

General Appearance: \_\_\_\_\_

HEENT: \_\_\_\_\_

Respiratory: \_\_\_\_\_

C-V: \_\_\_\_\_

G-I: \_\_\_\_\_

Abdomen: \_\_\_\_\_

GYN: \_\_\_\_\_

Musculoskeletal: \_\_\_\_\_

Neurological: \_\_\_\_\_

\_\_\_\_\_ Surgery Recommended

\_\_\_\_\_ Surgery NOT Recommended

MD Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**Stronger  
starts  
here.**

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